



Managing occupational health and wellbeing

Fact sheet

Modern organisations make health and wellbeing a strategic business consideration. They understand the need to focus not just on what they do but how they do it. An organisation that is healthy and well is more likely to be productive, innovative and competitive.

Managing occupational health and wellbeing offers a fresh approach to health training. This practical programme has a sharp business focus and is full of step-by-step guidance. The content inspires your staff to tackle issues that may be adversely affecting your workplace. This critical level of engagement is key to getting the message embedded across the whole organisation.

Why Managing occupational health and wellbeing?

Managing occupational health and wellbeing is designed to provide the means for managers and supervisors to improve health and wellbeing throughout their organisation. The tools and methods can be applied in all kinds of organisation, regardless of industrial sector.

The course does not aim to produce health and wellbeing experts with high levels of technical proficiency. It will, however, equip line managers to be active in improving the health and wellbeing of an organisation's people – its most important asset.

What does the business get?

- **confidence in training that's designed and quality-controlled by IOSH, the Chartered body for safety and health professionals**
- **flexibility – the programme can be delivered flexibly so that it suits your business**
- **efficient and effective learning the basic principles of health and wellbeing are covered in a single programme**
- **globally recognised, respected and certificated training for your managers and supervisors**
- **memorable and thought-provoking content and case studies from around the world.**

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Managing occupational health and wellbeing covers...

- **a healthy company and why it makes good business sense to manage workplace health and wellbeing**
- **health risk management**
- **fitness for work and the importance of managing the fluctuations in people's health status**
- **how the promotion of a wellbeing programme can influence and add value to an organisation.**

What results can I expect?

- **improved organisation-wide awareness of health and wellbeing, leading to a healthier and more productive workplace**
- **fewer hours lost due to ill-health and reduced presenteeism, resulting in greater productivity**
- **proactive staff involvement to improve the workplace**
- **enhanced reputation within your supply chain.**

Managing occupational health and wellbeing is delivered by IOSH's network of approved training providers.

Successful delegates are awarded an IOSH Managing occupational health and wellbeing certificate.

Need help or want to know more?

Call us on **+44 (0)116 350 0900**

Email **business@iosh.com** or

Visit our website **iosh.com/awareness-courses**